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The Kerrobert Tigers Sr. Hockey Club battled the Kindersley Kodiaks in game 1 of their best of 3 series on Saturday night at the Kerrobert Memorial Arena. It was the Kodiaks who came away with the 3-1 victory. PHOTO BY TRACEY CHOLIN



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Teachers picketed in the cold snap in front of of MLA Ken Francis' office in Kindersley on Monday, January 29. PHOTOS BY CORY GETZ WITH EMERALD ATELIER

Saskatchewan teachers strike for a second day

BY RYAN KIEDROWSKI. **LOCAL JOURNALISM INITIATIVE REPORTER**

The World-Spectator

Teachers across the province once again took up their signs last week as a second one-day strike left classrooms empty last Monday.

The action came after another fiveday countdown for the provincial government and the Saskatchewan Teacher's Federation to meet at the negotiation table.

"We gave them another five-day grace period to try to get it together and make the phone call and give the government trustee bargaining committee a mandate to go back to actually negotiate," said STF Executive member Peggy Welter.

"But instead, what we heard from the minister's (Jeremy Cockrill, Minister of Education) mouth himself was that he wasn't having it; that he has drawn his line in the sand and will not cross

Feb.

it. He has decided that he is not willing to budge, and I think we can see by the number of teachers who are out here on this still a fairly chilly day, we're not moving either."

According to Welter, the communication lines are open, but calls remain figuratively and literally unanswered.

"We're more than willing to discuss if they would come back to the table with a mandate to actually negotiate. We will be there," she said. "He's got our president's number, he can call her at any point. But without a mandate, it's a waste of everybody's time and money to sit at that table and for us to hear no, no, no, over and over."

She said the STF has been trying to negotiate with the province for months, but the province says that the provincial bargaining table is strictly to discuss wages, and issues of classroom complexity cannot be dealt with there, but at the division level.

"We've been at it since May, and we've been hearing 'no,

no, no' since May, and

them being unwilling—or in the case of the committee—unable because it didn't have the mandate to actually bargain," Welter said. "It's wasting taxpayer money to be at the table bargaining when they're paying people to be there to say no."

Class sizes and complexity have been an area where the government and STF have especially been butting heads.

"If you can imagine 30 six-year-olds running around, it is mayhem," said Welter. "I teach high school and I had a class not that long ago of 36 kids. My classroom is not built for that. Once people sat down, nobody could get up and move. It was packed in like sardines. That's not fair to students. So if I have a 60-minute class and I have 30 students, that means each student is getting two minutes of my time maximum. How is that right?

"We have more students with learning needs, behavioural needs, speech needs, motor skills, and we don't have speech language pathologists, we don't have psychologists," Welter continued. "Our social workers have been scaled way back. We have anxiety and depression numbers like crazy since Covid. We have nobody to help support in that, so teachers have to become all of those things and we don't have the time to focus in on the curriculum that we're supposed to teach and do that any justice when we have to do all those other jobs as well. We want to do the best for our students."

On the local level, there's a specific formula when it comes to class size.

"Ideal class size is really dependent on a number of things—like the age of the students, or the number of grades in a room; how complex the needs are in their specific subjects," explained Keith Keating, Director of Education with the South East Cornerstone Public School Division. "We use a staffing formula in our school division, so we drive that basically by 23 students per classroom teacher, which means we have some classes that are smaller than that, some a little larger than that. But that's our average overall in the school division

CONTINUED ON PAGE 3

LUSELAND CLINIC HOURS February 2024 Opens at 9:00 AM. Lunch hour varies.

Dr. J. Wentzel Tuesday

Feb. 9	Friday	Monica Cholin, NP
Feb. 12	Monday	Dr. M. Wentzel
Feb. 13	Tuesday	Dr. J. Wentzel
Feb. 16	Friday	CLOSED
Feb. 19	Monday	CLOSED - Holiday
Feb. 20	Tuesday	CLOSED
Feb. 23	Friday	Monica Cholin, NP
Feb. 26	Monday	Dr. M. Wentzel
Feb. 27	Tuesday	Dr. J. Wentzel
Mar. 1	Friday	Monica Cholin, NP

** Please note: Clinic hours are subject to change at any given time

Kindersley RCMP execute search warrants

In addition to the search warrant that was conducted on January 26, the Kindersley RCMP conducted a search warrant previous to this in the 200 block of 3rd Avenue West on January 24th. Once inside the residence RCMP members located several items related to drug trafficking and one suspect was taken into custody and charged with the following:

• 32-year-old Falyn Milner has been charged with: 2 counts of Possession for the Purpose of Trafficking under section 5(2) of the Controlled Drugs and Substances Act and Proceeds of Crime over \$5000.00 under section 354(1)(a) of the Criminal Code of Canada.

> Milner will be back in Kindersley Court on February 20th.

> "The Kindersley RCMP recognize the danger these drugs bring to our communities here and across the province, stated Staff Sergeant Kevin Peterson. We are committed to deterring drug dealing in our communities and appreciate any and all tips the public can provide to help us continue discouraging this activity." Peterson went on to say.

There were also sev-



eral mailboxes broken into last week that Kindersley RCMP continue to investigate. Kindersley RCMP offer the following tips in regards to preventing mail theft:

- Collect your mail frequently and ensure your address is always up-to-date at both the post office and financial institutions.
- If you will be away, have a trusted person collect your mail during your absence.
- If you are sending money, consider using electronic methods. If you must mail it, consider using postal money orders, available at the post office instead of cash or cheques.
- If you witness suspicious activity surrounding mailboxes or a post office, report the incident to your local RCMP.

If you believe you were a victim of mail theft, report the incident to your local RCMP or you have the option of reporting this online to the RCMP here: http:// report.rcmp.ca.





Your Independent Rural Voice for West Central Saskatchewan



...Teachers' strike

CONTINUED FROM PAGE 2

for classroom teachers, then we add in response to intervention teachers and learning support teachers to help support some individual student needs. We also look at some of the smaller schools with some that might fall out of the norm to provide other supports in those schools."

Rising costs have also affected the school division with staff finding more ways to stretch the education dollar.

"We've seen inflationary pressures squeeze the ability of school divisions to manage budgets in a way that keeps all supports in place that were once there. Those dollars that are provided don't go as far as they once did," Keating said. "Our staff do everything they can, they do an excellent job of meeting the needs of individual students in classes, but it becomes more difficult every year with the dollars available to continue to meet those needs."

The two days away from school has been an inconvenience for some, but Keating noted the time away would not be detrimental in the long run.

"I think it's not always easy for families, especially those with younger children," he said. "I know there is always an impact in learning when you miss a school day, but one good thing is we've been fortunate this year to have not too many weather days that we would typically have. So that's a positive thing."

With word of the looming action, many communities responded with local groups offering special events for students, making the best of an unplanned day off.

"That's something that we're very fortunate in the southeast corner of the provinces, we have very supportive and strong communities in terms of being able to support one another," Keating noted. "So it was great to see all of those different things that were happening across the school division."

As for what happens next in terms takes time."

of reaching an agreement between the STF and government, the future is unknown.

"There's not a single person who is standing out here going, 'I would rather be out here in the cold with a sign walking around than be in my classroom.' We all want to be in our classrooms, we all want to be with our students," Welter said from the Regina line, near the north side of the Albert Street Bridge. "That's why we signed up for this job. But we want our students to have the proper supports that they need and the only way we're going to get that is if we make it very loud and clear to the government that we're not backing down."

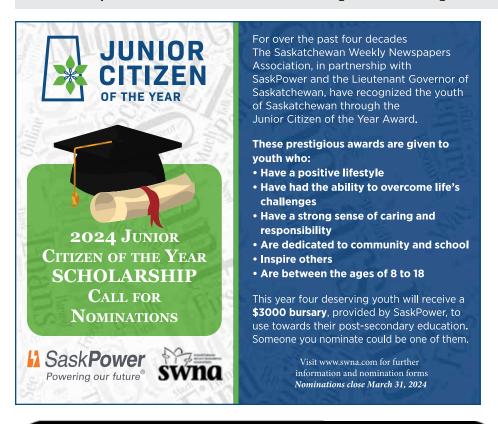
With the uncertainty of negotiations, Welter noted the STF will remain strong in their mindset.

"Who knows what the next thing will be. If they don't see this and don't take this seriously, I guess we'll be seeing more because we are not going to back away," she said. "They're not willing to listen to the stories, they have had thousands upon thousands of letters and emails and phone calls—most of which have not even been returned or acknowledged. I personally still have letters that I sent in September that I have not gotten even an acknowledgement of. We're getting people's attention and we're going to keep doing what we need to do because kids deserve better than the government's giving them."

When asked his opinion on what's needed to make talks work, Keating highlighted 'willingness' being the key.

"I think the best way to solve things is always to talk at the table," he said. "[In] the conciliator's report that came out, she noted, too, that the parties are quite far apart on many issues and the only way to come to an agreement, I think, is a willingness by both parties to meet somewhere in the middle and find common ground. And that sometimes takes time."

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NOMINATIONS for the BOARD OF DIRECTORS

Nominations for election to the Board of Directors of the Kerrobert Credit Union will be

ACCEPTED UNTIL FEB 26, 2024 at 4:00 P.M.

Director's qualifications and nomination forms are available from the Kerrobert and Major offices..

The Board of Directors of the Credit Union consists of nine members.

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"The Four Seasons of Rusty-Belly: Ode to the **Seasons and the Birds of Boundary Bay"**

By Danielle S. Marcotte, **Illustrations by Francesca Da Sacco** Published by Éditions de la Nouvelle

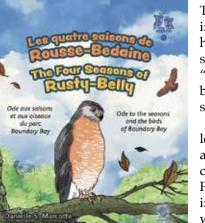
REVIEW BY SHELLEY A. LEEDAHL

I am très pleased that The Four Seasons of Rusty-Belly: Ode to the Seasons and the Birds of Boundary Bay flew into my hands for review. Apart from the important facts that this geographically-specific children's book is bilingual, well-written, and educational, I am perhaps

especially pleased that it was illustrated by a real, living and breathing artist, not by Artificial Intelligence. It really does make all the difference; too often, of late, I've noticed that many writers and publishers are opting to use featureless, clichéd, computer-generated images in their children's books, rather than investing in humantalent.

Tsawwassen, BC author and former Radio-Canada host Daneille S. Marcotte has been publishing books since 2014—nineteen titles—and if The Four Seasons of Rusty-Belly is indicative of her talent, I need to get my hands on more of her stories. As indicated by its title, this is a seasonal story set in BC's Boundary Bay Park, which is "located on a major [bird] migration route," the Pacific Flyway. Each year the park's "visited by 1.5 million birds from twenty different countries spread over three continents," Marcotte explains in the "Did you know" page. I've been to Boundary Bay; it certainly is a phenomenon.

The story begins in spring, and it's a playful celebration of nature herself: the soaring falcon, the robin who "sings breathlessly," the bees who "daub their stomachs with pollen". I appreciate the personification here. When summer arrives, humans visit



Tsawwassen Beach, and "big sister imitates the whales" by floating on her back in the sea and spouting seawater while a child and his/her "beautiful and serene" mother in a billowing sunhat looks on from the

Fall brings pumpkins and "Dead leaves, without a care in the world," and "Quiet spirits roam from the ancient rubble, guardian spirits of the First Nations who once lived here in freedom". In "the cold rain of winter," the child narrator "bring[s] Grandpa to the playground" and

he's significantly wearing his "favourite" rusty-orange sweater. The colour ties in with the titular "Rusty-belly" ... you'll have to read the book to find out which bird species this name refers to, and what other beloved things feature a "lovely rusty belly" in this softly poetic story.

The book's dedicated to Francesca Da Sacco, "a great artist from a great country!" and the gifted Italian illustrator of this very book. Her watercolour images of herons backdropped by the thematically-coloured rusty trees is my favourite. Da Sacco does a commendable job of creating illustrations that will delight both children and adults. For extra fun, readers are invited to match the various birds in the story with the bird images that appear at the end of the book, and to create a simple bird feeder from a milk carton (instructions given).

Bunnies doing "silly stunts," views of snow-capped mountains, a wind-surfer catching air ... this is the Boundary Bay I know. Add the art, the activities and migration information and voilà—Les quatre saisons de Rousse-Bedaine est charmant!

This book is available at your local bookstore or from www.Skbooks.Com

Campsite reservation dates announced

Reservations for Saskatchewan Provincial Parks 2024 camping season are set to begin April 1 for seasonal campsites and April 2 to 9 for nightly, Camp-Easy and group campsites.

"Camping continues to be an affordable vacation option for Saskatchewan residents and visitors,» Parks, Culture and Sport Minister Laura Ross said. «We are happy to announce there will be no fee increases this year when visiting a provincial park. We hope this encourages families to take a moment to explore the beauty of our province and make lasting memories."

People can begin reserving their campsites starting April 1. Reservations open at 7 a.m. each day. The complete reservation schedule for 2024 is as follows:

Seasonal campsites:

April 1: All parks participating in the seasonal camping program.

Nightly, Camp-Easy and group campsites:

April 2: Candle Lake, Good Spirit Lake, Meadow Lake, Saskatchewan Landing.

April 4: Douglas, Echo Valley, Makwa Lake, Narrow Hills, Pike Lake.

April 5: Danielson, Great Blue Heron, Greenwater due to the seasonal camping program's popularity.

Lake, Rowan's Ravine, The Battlefords.

April 8: Buffalo Pound, Bronson Forest, Duck Mountain, Moose Mountain, Porcupine Hills.

April 9: Blackstrap, Crooked Lake, Cypress Hills, Lac

Some of the new reservation system features campers can look forward to this year include:

- Group camping: has been improved with advanced search functionality to provide better search returns that meet visitors' booking requirements.
- Recreation hall reservations: have been streamlined and enhanced to allow for multi-day bookings and where visitors can change and cancel online.
- Park entry improvements: daily and weekly entry permits purchased online in advance of a visitor's stay are refundable if date or license plate changes are required prior to arrival, adding more flexibility to purchasing entry online and reducing entry gate congestion.

Also new this year is the addition of 28 new seasonal sites across Buffalo Pound, Candle Lake, Echo Valley, Greenwater Lake and Meadow Lake Provincial Parks



Highway Hotline still a trusted source

BY RYAN KIEDROWSKI, **LOCAL JOURNALISM INITIATIVE REPORTER**

The World-Spectator

When the weather turns sour, one resource many people in this province turn to is the Highway Hotline website. Complete with updated road conditions and incident reports, the biggest attraction is the province-wide map illustrating what roads are in drivable—or otherwise—condition.

The province recently announced six new cameras to the fleet of now 51 at various points along Saskatchewan highways. The new cameras keeping an eye on road conditions are mounted near Dafoe, Naicam, Macklin, Sheho, Blaine Lake and Smeaton with live streaming video footage.

"We look at, say, a remote geographic area where it might be more efficient to have a camera to help determine the quantity of type of highway equipment we might want to deploy," said David Horth, Assistant Director, Communications and Customer Service Branch with the Ministry of Highways when asked what goes into choosing a possible location for a new camera. "Availability of power is another consideration and then also we're looking for areas that are not yet covered by cameras. So we're trying to every year increase our coverage."

Sometimes road condition updates on the website can seem to not reflect what's currently on the ground, but Horth says updates are frequent over the 26,000 km of Saskatchewan highways.

"We have eyes that are out there every day and they survey the roads as they go, our snowplow drivers provide information back to the Highway Hotline and any time conditions change, they contact the hotline immediately and it's updated within minutes,"

Overall, Horth noted the department receives positive feedback regarding the Highway Hotline from people using the resource as a way to decide whether or not to chance the roads.

"People use it as part of their travel planning, and we're really happy that they do so," he said. "We try and give enough detail to make it meaningful, but you're dealing with limited space and a huge network."

As many locals know, weather conditions can change quickly, making roads downright dangerous in a matter of minutes. When those extreme road conditions occur, road closures are often the next step.

"When we see conditions that are unsafe for our plow drivers, we close the highway and we take them off the highway," Horth explained. "Obviously, the safety of the people of Saskatchewan is a huge concern to us as public servants. We're also a pretty big employer, and the safety of our employees is an enormous concern to us as well. We have some policies in place, and if visibility gets to where the people can't even see the roads they're plowing, we remove that plow from the road and we change that designation to road closed."

When drivers encounter snowplows on the highway, there is certain etiquette and safety expected during encounters. The idea of passing a snowplow can place drivers in more danger than they might ex-

"We certainly ask people to wait," said Horth when sked if it is safe to pass a snowplow. "Plows do travel lower than the normal highway speed when they're know, winter in Saskatchewan is a powerful force."



The Highway Hotline camera situated along the Hwy #7 near Alsask showed clear sailing on Saturday afternoon, February 3.

plowing. When they're moving snow, they create a cloud around them and that can really reduce the visibility. So you don't really know what's on the other side of that cloud that you're entering which can be a very dangerous maneuver.

"Our plows have bright blue and yellow lights, which you've probably seen," he continued. "That's to increase the visibility. Our plow drivers pull over every 10 kilometres or so. If they have people trailing, they pull over every 10 kilometres or so to let traffic pass. They have to find a spot where it's safe to pull over, so there are instances where it might not be safe for the plow to pull over. They're going to wait until they find a good safe spot to get out of the way of the traffic that's trailing them."

The safety rules are not limited to a moving snowplow as even when they are pulled over, drivers ought to take care in passing.

"When a snow plow pulls over to allow traffic to pass there, the expectation is that they're treated like any other emergency vehicle on the road," Horth explained. "The expectation is that you slow to 60, make that pass safely, and then you can resume to whatever speed you choose to go-up to the maximum, of course. We do always encourage people to drive according to road conditions."

Though not frequent, vehicle conditions involving snowplows do occur.

"Over the last five years, there have been already more than 30 instances of collisions involving vehicles and plows, and we spend quite a bit of money advertising to encourage people to stay back and stay away from plows," Horth said. "In the middle of a snow event, the safest piece of road you have is probably about 100 meters behind the plow, because that's as good as it's going to get until the weather gives all of us break."

There is a priority system when it comes to which roads get cleared first. After a major storm event, the goal is to have major highways cleared within six hours, secondary highways within 12 hours and other highways within a day. Given the vast amount of roads in Saskatchewan, this is a tall order.

"We have 26,000 kilometres of roads, we have about 300 snowplows and they're situated in about 75 locations around the province," Horth said. "So we're well situated to handle it, but it's a big province and as you



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Tuesday, February 6, 2024

Encourage your MP to lead by example

BY JOAN JANZEN

The story goes like this: A young construction worker was making fun of his older co-worker. Finally, the older worker had enough and said to the young man, "Why don't you put your money where your mouth is"? I'll bet a week's wages I can haul something in a wheelbarrow over to that building that you won't be able to wheel back."

The young man agreed, and the old man responded, "All right, get in!"

In case you're unaware, this is the definition of "put your money where your mouth is": to show by your actions and not just your words that you support or believe in something.

Members of Parliament (MP) from every party continue to assure taxpayers, with their words, that they support and believe in fiscal responsibility while representing the well-being of their constituents. However, in April of 2024, their actions will be sending a different

On April 1 of this year, MPs, Ministers and the Prime Minister will receive automatic pay raises of approximately 4.2 percent. Kris Sims, the Alberta Director for the Canadian Taxpayers Federation (CTF), recently discussed this topic with Andrew Lawton.

Kris noted a 4.2 percent increase is larger than inflation. She also said, "Their bills are paid, their travel is paid, their rent, mortgage ... the vast majority of that is covered courtesy of the taxpayer." Kris and Andrew questioned

the necessity of such a salary increase and the message it conveys to Canadi-

In 2020, an MP's salary was \$178,900, and their current salary is \$194,600. A Minister's salary in 2020 was \$264,400 compared to today's salary of \$287,400. The Prime Minister's salary in 2020 was \$357,800 compared to today's salary of \$389,200.

"What's really annoying is we're not hearing enough MPs speaking up against these pay hikes, including some of the usual suspects that we would be expecting to speak up about these automatic pay increases," Kris observed.

Andrew responded, saying, "This is the problem with automatic increases; politicians can say I didn't vote for it because there's a law that automatically increases their pay on April 1."

However, if we look back a decade or so ago, we see that the federal government stopped automatic MP pay hikes from 2010 to 2013 in response to the 2008-2009 recession. So it can and has been done.

"They create law. They are legislators. This is not forced upon them unwillingly," Kris said. "They could stop this tomorrow if they felt like it, but that is not happening.

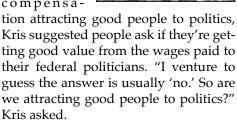
Apparently, they just don't feel like it. It's always bad when they take pay hikes, but especially now when people are struggling."

Kris said while grocery shopping, she watched a young mom put items back on the shelf as she was obviously picking and choosing what she could afford to buy. Kris also noted that a lot of people in the private sector took pay cuts during the past few years. However, they are the people paying for the politicians' hikes in pay. And politicians have not missed a pay increase over the past three years.

Andrew reasoned that it's been said if you want to attract good people into politics, there needs to be some kind of compensation. "But how should this be dealt with?" Andrew asked his guest.

Kris said you deal with it as minimally as humanly possible. "Let's start from the ground up ... in local politics," she suggested. "Unfortunately, you're seeing in local city halls in places like Calgary, the mayor is being paid more than the premiers. That was never the role of local government. Local government was always staffed by people who were invested in their neighbourhood, or had already worked most of their lives and now had time to give back. That's why we call it public service. It should not be a career goal of a fouryear undergrad person. It starts at that level of entitlement."

She continued to say, "We want to see MPs really walk the talk. If they want to truly save taxpayers money they should lead by example. They should donate all their pay raises. They should also say - as soon as my team is in power I'm going to stop these MP pay increases. That is something we want to see coming out of Ottawa." As compensa-



Franco Terrazzano from the CTF said in a recent report, "MPs should know better than to give themselves raises while their constituents are worried about rising mortgage payments and are struggling to feed their families. It's not rocket science: MPs should do the right thing and stop their upcoming pay raise."

However, if they choose to go ahead and receive their pay raise on April 1, I have an alternative suggestion. Like myself, you might be receiving daily or weekly emails and phone calls from political parties asking for donations towards their fundraising campaigns. I think their individual pay raises, which range from \$8,100 to \$16,000 (depending on their position), would significantly build up their "war chest and fund their communications infrastructure and large-scale election efforts." Those are words taken from a donation request.

It's time for politicians to put their money where their mouth is. And it's time for Canadians to tell their local MPs they want them to lead by example. After all, April Fools Day and April 1 pay raises are quickly approaching.







not a reader submission will be published. We will not publish anonymous submissions or letters containing personal attacks. We reserve the right to edit or refuse all letters.

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WHY ARE YOU YELLING?

BY MADONNA HAMEL

One day, you will wake up old. And some part of your body will ache, maybe even explode with pain. Maybe it will be that knee you destroyed playing ball. Or your hand from all those years gripping everything from wooden spoons to laundry baskets to the steering wheel of a sedan with five kids in the back. Not wearing seat belts. And you're slipping through the snow. Maybe it'll be your shoulders or neck, but probably it'll be your back. Or your liver, from too many nights drinking to forget. Or a genetic predisposition to high blood pressure and low white cell count.

Whatever the cause, you will find yourself in the hospital. And some well-meaning young woman or man will start yelling at you in that pseudo-pleasant way that healthy young people talking to tired older people often have: with a raised sing-song voice. "I hear we're not eating our lunch, Mrs. Hamel." (They will assume you are married or a widow because you are old.) Maybe he or she might say something a nurse recently said to my father: "You don't want me to get tough with you, would you? That wouldn't be much fun."

And the first thought that might come to mind might be: "Can't be anything worse than how I am feeling right now? Do you not think that maybe life is already getting tough with me?" Or maybe "'We'? Are 'we' eating my instant potatoes together?" Or "Why are you talking to me like that? Yes, I am lying here in an unbecoming hospital gown with an IV stuck in my arm and a bib around my chin, but you are talking to a grown woman who's had more adventures than you've had hot dinners. Certainly dinners like this minced chicken."

You might want to point out that the injury/illness/ surgery you are undergoing or about to undergo is the result of a life lived. "This is not my first rodeo," you might say. And if you're from my part of the world, you would mean it, literally. Where I live, men and women herd cattle, race horses and ride broncs.

"These wrinkles and bruises and limps are evidence of many a lesson learned, mistakes made, risks taken, hurdles hurdled. I have embarrassed myself in ways you can't imagine. I've over-extended myself down to the size of a slug, and I've swelled myself with pride." You might try raising yourself on an elbow and give your best steely stare in the direction of wherever her voice is coming from and say: "This is what living looks like. So please don't talk to me like I'm a child. And I'm not deaf, either. So PLEASE STOP YELLING AT ME!'

Of course, if you are one of those rare humans who sees a man shuffling down the hall and you don't immediately assume he is shuffling with a few cards short of a deck, then this is not for you. And, while I understand many people do lose their hearing as they age, I'm just saying: you might not want to lead with your best imitation of a kindergarten teacher. Save yourself some dignity by honouring theirs. Ask first, before yelling.

Just last year I was, I swear, I was 36. And then, when the clock struck midnight on my birthday, I looked in the mirror and I was 61. No, wait, shit, I'm 65! "Ok," I said, "So, this is the year I look my age. Maybe I should start acting it."

We could all use more responsible adults in our lives. So, I'm trying to act age-appropriate in the hopes of being an inspiration, especially to younger women. But while I am not one of those misguided eternal teens who thinks it's wrong to act one's age, what exactly does acting one's age entail? One thing I know for sure is, our concept of what makes us lov-

able cannot be contingent upon the hotness of our bodies. To be concerned about whether or not men find us attractive is to be

giving precious time and energy away - it's like burning money or sleeping through your vacation.

When I read posts that some actresses of a certain age claim to be still having exciting sex, I ask, Why? What are you trying to prove? And to whom? Haven't you moved on to more fulfilling practices? What kind of surgeries, injections, and regimes are you following in order to make that possible? You are not the role model for those of us who now just want to spend our time and money writing or, hiking or reading. Connecting with others, not 'dating.'

And then, I stopped to wonder if maybe they are afraid of being alone. I get that. Especially, when I see so many older people on my father's ward without visitors. With no one to tell people to stop yelling. Or no one to yell on their behalf. As I wanted to one day when I heard an old guy - who was no gift to women, let me tell you – point at an old woman whose entire side of her face was black and blue, and shout: "Hey, lady. You need make-up!" Really? Here's a woman in her 80s who had a bad fall, and you still expect her to look nice? I reported him to the nurse. (The one he made pinching gestures at when she passed.) Her response: "Oh, don't worry. She won't remember what he said by the time she gets to her room."

Let me leave you with some wise words by poet Mike Barnes, from his book "Be With", written after spending seven years caring for his mother through Alzheimer's: "The bravest, most persevering person you'll meet today? There's a good chance he's trying to dress himself, or tackling the dilemma of a meal. Sitting in a chair surrounded by strangeness, or making her slow way down a hall." So, stop yelling.



YOUNG CREATIVE MINDS AT WORK AT KINDERSLEY LIBRARY: The Kindersley Library had children ages 8 to 14 years register to join their Lego Club, where they get to practice their creative building skills. In addition to Lego, the library provided Strawbees for those who wanted to build with something different during one of the weeks. It was obvious the kids totally enjoyed it, as they produced many creative structures. PHOTO SUBMITTED

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8 PM, St. Andrew's United Church, 1st St. W. Friday: Kindersley AA Meeting

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A new star shines on the PGA Tour

BY BRUCE PENTON

Twenty-year-old Nick Dunlap has joined the youth brigade that has guaranteed the PGA Tour will continue to be the only golf tour that really matters. Of late, youngsters like Colin Morikawa (26), Victor Hovland (26) Sahith Theegala (26), Cameron Young (26), Ludvig Aberg (24), Akshay Bhatia (21) and Tom Kim (21) have begun to



BY BRUCE PENTON Sports Columnist

dominate on the PGA Tour and now it appears as if Dunlap may be better than them all.

Dunlap did something in late January that no one has done in 33 years — win on the PGA Tour while still an amateur. The last one to accomplish that was Phil Mickelson at the 1991 Tucson Open.

The reigning U.S. Amateur champion, Dunlap is the only golfer to have won the U.S. Junior, the U.S. Amateur and a PGA Tour event at age 20 or younger. Tiger Woods, also a Junior and Amateur champ, was 21 when he won his first Tour event.

Dunlap, a sophomore at the University of Alabama, shot round of 64-65-60 to take a thee-shot lead into the final round of the American Express in Palm Springs, and the golf world waited for him to shoot a mid- to high-70s round over the final 18 holes and finish tied for 32nd or so.

It didn't happen. Joseph Lasagna, writing on The Fried Egg website, said "When a player doesn't belong in the final group of a golf tournament, they tend to unravel. Once the unravelling begins, the wheels seldomly get back on the track. That's what happens when a player doesn't have the game to withstand the pressure of a final group on the precipice of a life-changing accomplishment."

Dunlap did experience an unravelling. It happened on the seventh hole of the Stadium Course at LaQuinta, where he made a double bogey to lose his lead to a hard-charging Sam Burns. But he played the final 11 holes in three under par and when his chasers unravelled a bit themselves, he needed a seven-foot putt on the 18th hole to win. He made no mistake. A golfer who once shot a 59 at age 12, and owns a 30-2 match play record in major amateur events eschewed a \$1.5 million payday, which instead went to runner-up Christian Bezuidenhout. The victory locked up a Tour card until the end of 2026, so Dunlap announced three days later he was turning professional.

Not yet enticed by big-money contract offers from LIV, the young stars on the PGA Tour make the established tour the place to play for those wishing to establish a legacy of brilliance. Michael Wolf, on Twitter, had this to say: "Stories like Nick Dunlap can't happen in 48-person fields where all of the spots are reserved for 40-year-olds who signed guaranteed long term contracts before the year started."

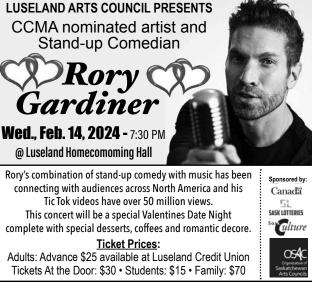
The win moved Dunlap from a world ranking of 4,129th to 68th, with the ascent likely to continue. He's obviously golf's next big thing.

Nora Berry: "Anyone who thinks women talk too much has never sat through a six-hour Super Bowl pregame show."

In today's edition of 'cheaters never prosper,' Jim Harbaugh is leaving the national champion Michigan Wolverines to become head coach of the Los Angeles Chargers. I thought the constitution forbids 'cruel and unusual punishment.'

- TSN hockey analyst Craig Button on what he should tell Leafs' fans about their team: "You can't handle the truth. It is as simple as this. You want people like me to come up here and tell you how great your team is, and it's not very good."
- Scott Ostler of the San Francisco Chronicle: "Seriously, amazing moment: Draymond Green got bad call, called for block, and had NO REAC-TION!!! Great sign for Warriors."
- From fark.com "Ex-NHL player Tony Hrkac saves someone from choking to death at Kings' game. Fans of the team considering him for coach since Kings have been choking on the ice since December."
- Pro golfer Tommy Fleetwood, quoted on @PGA-Tour on X, after reportedly turning down \$75 million to sign with LIV: "My future is too bright to just throw it away. I don't want to ruin my reputation ... my name is Tommy Fleetwood, not Cam Smith."
- Bob Molinaro of pilotonlinecom (Hampton, Va,): "What's been the greatest motivational factor for Michigan man Jim Harbaugh? Running toward a Super Bowl title or away from possible NCAA
- Another snark from fark.com: "In today's edition of 'cheaters never prosper,' Jim Harbaugh is leaving the national champion Michigan Wolverines to become head coach of the Los Angeles Chargers. I thought the constitution forbids 'cruel and unusual punishment.'
- Canadian parody website The Beaverton: "Hockey Canada sexual assault scandal a real shock to anyone who has never met a junior hockey player."
- Headline at theonion.com: "Fox NFL Sunday Producers Worried Broadcast Doesn't Feature Enough 50-To-90-Year-Old Men Standing Awkwardly."
- Headline at fark.com: "NFL starting to realize it was Brady, not Belichick, that was responsible for the New England dynasty"
- **RJ Currie** of sportsdeke.com: "I imagine it must be tough for Saskatchewan curling fans to cheer Mike McEwen, longtime arch-rival from Manitoba, suddenly skipping a Saskatoon-based team in 2024. Call it sweeping with the enemy."

Care to comment? Email brucepenton2003@yahoo.ca





49ers battle the Chiefs for Super Bowl 2024

BY GREG BUCHANAN

We're all set for Super Bowl 2024, with the matchup now set between the San Francisco 49ers and the Kansas City Chiefs this Sunday in Vegas.

Both teams booked their berth with Championship Round wins that were dramatic and impressive in their own ways.

What it all boils down to is that the Chiefs are in their fourth Super Bowl in five years, while the 49ers are back in the big time for the first time since losing 31-20 to Mahomes and Co. in Super Bowl 54 in 2020.

The San Francisco 49ers have been the NFC's most successful franchise this decade and are heading to their eighth Super Bowl, looking for their first win since the mid-1990s.

With one of the best offensive coaches in the NFL in Kyle Shanahan, an arsenal of potential lethal weaponry, and Brock Purdy having vaulted himself into the discussion as a quarterback worthy of more attention, the 49ers are touted by sportsbooks as the slimmest of slim favourites to take the glory.

To do so, they'll need to put recent history behind

The Niners have reached the NFL Championship Round seven times since 2011 without converting any deep postseason runs into a Super Bowl title. It's been 29 years since they last got their hands on the Lombardi Trophy, but you can see why their chances are

Arguably, no team in the NFL has a vaster and deep-



er array of stars, with a leaguehigh nine Pro Bowlers and seven players who earned first or second-team All-Pro honours. Their roster is also replete with past Super Bowl experience, and they've swept aside almost everything before them this season, winning their 12 regular-season games by a second-best average of 19 points.

The biggest problem for San Francisco — and the biggest impediment to them winning it all — is their opponent.

KC beat the Niners in San Fran's last Super Bowl appearance four years ago, when Mahomes had three touchdowns, and the last time these two teams met in October 2022, the Chiefs won by three touchdowns. The Niners have never beaten Mahomes-era KC.

And if the Chiefs have proven one thing in recent months — other than the fact that Taylor Swift is the biggest new NFL star — it's that you can never, ever count them out. This KC side was labelled underwhelming and inconsistent earlier this season; now, the Chiefs are at the Super Bowl again after flexing its championship muscles this postseason and on the road to boot.

Winning back-to-back Super Bowls is incredibly difficult, with the Patriots the last team to do it two decades ago. But Mahomes will be the youngest quarterback ever to start four Super Bowls, and coach Andy Reid is now behind only Bill Belichick and Don Shula in SB appearances.

They may be rated as razor-thin underdogs, but bet against them at your own risk.

SWHL 3 Stars of the Month for **January**

BY PHIL HEILMAN

The SWHL this year is doing the 3 Stars of the Month, aiming to recognize outstanding performances in the league



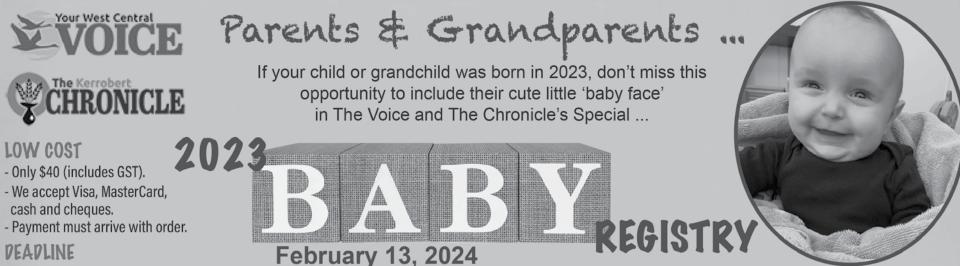
and highlight great talent and unsung heroes. The First Star each month will receive a \$30 Tim Hortons

Third Star: Darian Dzuirzynski; Edam 3 Stars. Since joining Edam, Darian has been on an absolute tear, scoring 9 goals and adding 8 assists for 17 points in 7 games. Not only did he have at least a point in every game, but he had at least a goal in every game. He has been a big catalyst for the 3 Stars, helping them rocket up the standings.

Second Star: Jeremy Boyer; Hafford Hawks. A model of consistency, he has 7 goals and 11 assists for 18 points in 7 games. He had multipoint games in 6 of the 7 games, as well as suiting up in all 18 games for the Hawks this year. Jeremy has also been instrumental in helping Hafford secure 3rd place in

First Star: Brock Harrison; Wilkie Outlaws. We're at the point where there isn't much more else to say about Brock and his playmaking abilities. He has 5 goals and 19 assists for 24 points in 8 games. Every game has been a multi-point game, and all but 2 games have been multi assist games.

Honourable Mentions: Spencer Bast, Macklin Mohawks. Jorden Braid, Hafford Hawks. Jared Herle. Wilkie Outlaws.



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The pink area defines the area reserved for lithium development by Denison Mines. Grounded Lithium is free to develop additional properties outside the pink line. Grounded Lithium

Enter the big boys: 70-year-old Denison Mines buys into Grounded Lithium's Kindersley project

BY BRIAN ZINCHUK

CALGARY – Up until now, Saskatchewan's emerging lithium play has been strictly a junior affair. That changed in January, as one of Canada's older mining firms, Denison Mines, has jumped into the province's lithium play.

Denison is uranium exploration and development company active in northern Saskatchewan, and just announced it will restart production at McLean Lake as well as development its of its flagship Wheeler River project. Denison just bought into a lithium play in west central Saskatchewan.

On Jan. 16, Grounded Lithium Corp. announced that Denison Mines Corp entered into a definitive agreement to buy into Grounded's Kindersley Lithium Project (KLP). With three stages of investment, Denison has the option to earn up to a 75 per cent working interest in the KLP.

Denison's investment greatly contributes to the funding of Grounded's Kindersley Lithium Project (KLP) planned pilot project, south of Kerrobert, and the investment will provide Denison with a diversification into another mineral. Denison becomes the operator of the project.

Denison was initially incorporated in 1954 as Consolidated Denison Mines Limited. Over 70 years, its history in Saskatchewan has included potash mining at Patience Lake, and the McClean Lake uranium project. Outside our borders, it was prominent in the Elliot Lake, Ontario uranium operation, among other projects. Its website notes that currently Denison has an effective 95 per cent interest in the Wheeler River uranium project in northern Saskatchewan. Denison says it "ranks as the largest undeveloped uranium mining project in the infrastructure rich eastern portion of the Athabasca Basin region."

But perhaps more significantly, long-established Denison is a senior player. It already has revenue flowing and the ability to raise capital on the TSX, where it's listed under DML. It also takes the KLP from a junior play to something a lot bigger.' "Denison's 22.5 per cent owned McClean Lake project is host to several unmined uranium deposits and the McClean Lake mill, which is one of the world's largest uranium processing facilities, licensed to process up to 24M lbs U3O8 per year," their website said.

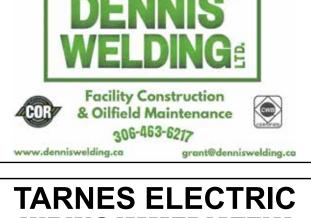
The company's market capitalization as of Jan. 23 was \$2.35 billion, and its net income, as of September, 2023, was \$58.2 million.

In other words, this is the first major company to bring money to the plate in Saskatchewan's lithium

In an investor call on Jan. 16, Gregg Smith, Grounded president and CEO, and Greg Phaneuf, chief financial officer, laid out the deal.

Smith said, "We're very proud and excited to anounce a pivotal transaction for Grounded Lithium. As has been the vision of Grounded from day one, we intend to become a producing company of battery-grade lithium in Canada in an environmentally

friendly manner. "For Grounded, the transaction with Denison Mines creates a strategic partnership with a technically astute, **CONTINUED ON PAGE 20**



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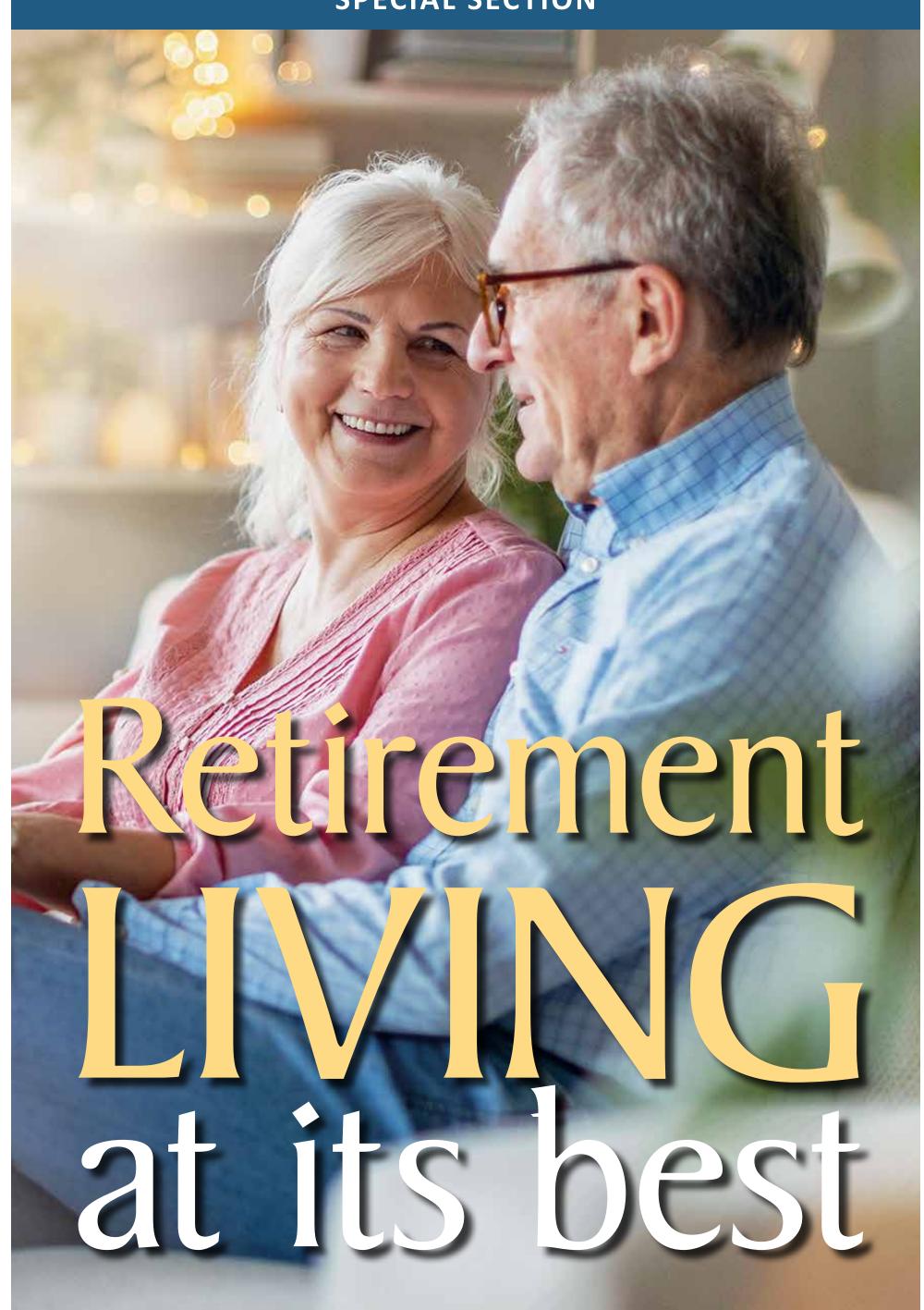
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SPECIAL SECTION



Glen Sitter calls the museum his "happy place"

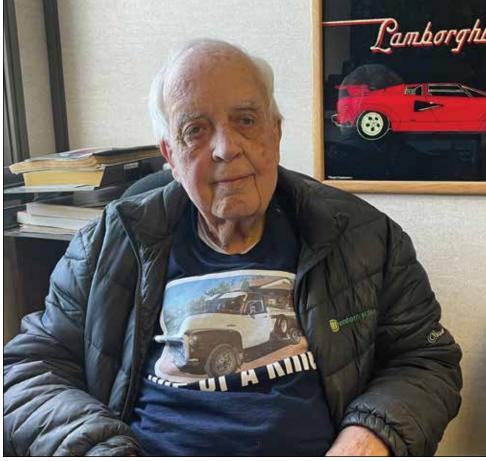
BY JOAN JANZEN

Not many people can claim they were born in a log cabin, but Kindersley resident Glen Sitter came into this world in 1935 in a log cabin located between Turtle Lake and Great Sand Lake. However, the next year, his family moved to Kindersley, and Glen has lived there

Glen had five sisters and one brother and was the second oldest in the family. He took all his elementary and high school education in Kindersley, although he admits he didn't spend much time in class. Young Glen wasn't interested in academics but loved building models. His passion for building models began when he was 14 and continued throughout his lifetime.

"I was interested in math, but I wasn't interested in anything else you learned in the classroom," he said. The teacher would send him to shop class whenever he wasn't paying attention. "I spent most of my school life in shop. That's where I learned the things that helped me all through my life." Despite it all, Glen said he absorbed enough information to receive a graduation diploma in

During his high school years, he had been working part-time for a local company. "When I got out of school, I bought



Glen Sitter has spent a lifetime living in Kindersley as a valuable businessman and volunteer in the community. PHOTO BY JOAN JANZEN

the company and formed Sitter's Transport Ltd. in 1953," he reported. At that time, the company consisted of a team

of horses and a wagon. Nevertheless, it was an impressive achievement for a high school graduate.

"I got rid of the horses and wagon and bought a truck, and that's how it started," he said. A few years later, he married Lorraine Materi from Pinkham in 1957. They had five girls and one boy and now have nine grandkids and 13 great-grandchildren. "We have a pile of them," he chuckled.

By the mid-70s, Glen also had a pile of employees, 45 to be exact. He also had branches in Kindersley, Rosetown, Saskatoon and Calgary. The majority of his employees came from a Mennonite community north of Saskatoon. At that time, it was easy to find drivers since a chauffeur's licence allowed a person to drive big trucks.

"Back in those days, all my kids worked for Sitter's Transport, doing something. Because in those days, you were allowed to pay your kids \$1500 in wages," Glen said. "None of them drove truck, but they worked in some capacity, sweeping floors, cleaning trucks or doing office work."

Glen mentioned one of his drivers in Rosetown - Ed Schultz, whose son Dave was none other than Dave the Hammer Schultz, the toughest and most feared player in the NHL. "Anyone old enough will remember Dave the Hammer Schultz," Glen said.

Sitter's Transport mail trucks were on the road seven days a week delivering mail under some pretty harsh weather conditions. "In all the millions of miles we drove, we did have some accidents, but I never had a driver or employee spend one day in hospital because of an accident," Glen boasted.

Glen sold the business in 1980 after operating for 27 years. Most of his employees remained there the entire time. Today, Harvey Penner is the only former employee still surviving in Kindersley.

After selling his business, Glen spent ten years working for Grant Devine as

Chairman of the Highway Traffic Board. "My claim to fame was a month-long hearing when all the boards in Canada were there, and hundreds and hundreds of lawyers and people came and voiced their opinion. The hearing allowed UPS into Canada," he said. "That's my claim to fame; it's also my claim to shame because UPS never fulfilled all the things they promised."

Not only was Glen occupied in the business sector throughout the years, but he also contributed and volunteered in the community. He was the first life member of the Kindersley Kinsmen Club and was a member of the Chamber of Commerce board for at least twenty years.

Glen spent ten years on Town Council. "I chaired the committee that got the first indoor swimming pool for the town," he noted. "That was for about a half a million dollars. Rosetown was building a pool at the same time."

During that ten-year period, the town was expanding: the mall was built, and Rosedale was started. "The town's population at that time was very close to what it is today," he recalled.

The next phase of Glen's life was spent restoring and building custom cars for a couple of decades. During that time, he completely restored forty old vehicles. "I had as many as twenty-two cars. I sold most of them so I could restore another one," he reasoned.

This also meant he spent a great deal of time travelling to car shows every weekend throughout the summer months. He formed many lifelong friendships while attending car shows.

Fast forward to 2024, when Glen is seated in an office chair at the Kindersley & District Museum. "Ten years ago, I decided to do a little volunteer work at the museum; it's turned into a labour of love, and I'm still here," he said. "I can never ever sit at home, so after I quit working on cars, the museum was a God send." He described the museum as his "happy place," and he doesn't know what he would have done with-

Everyone at the museum may not know what they would have done without Glen, who has made a significant contribution, including an extensive railroad model located on the upper floor of the building. "It's probably worth close to \$40,000 if you had to purchase it all, so it was a pretty good deal for the museum," he said. "But it was a good deal for me, too, because I just

He kept adding more sections over a period of six years, using donated parts and track. "I expanded it four different times as I obtained more equipment and received donations. The museum didn't have to pay for anything," he explained. Glen was well suited to taking on this project since he always had a train set in his basement, which he would be work-

Glen has always called Kindersley his home and never thought about living anywhere else. "Kindersley has been very good to me and my family. The people in Kindersley have supported any businesses I've been involved in, and I've always had support from the town," he concluded.







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Four benefits of using technology in retirement homes

Technology is playing an increasingly significant role in retirement homes. Here are four benefits of embracing technology as you age.

1. Connect with loved ones

Nothing can replace in-person interactions, but video chats, texting and social networking sites like Facebook can keep you connected with your loved ones anywhere in the world. Studies have shown that social connection plays a crucial role in health and longevity.

2. Stay mentally and physically active

Interactive video games like Wii Golf and Wii Bowling are fun and can motivate you to get your body moving. Physical games can improve your strength, balance and aerobic endurance.

Moreover, you can play various "brain games" on a tablet or smartphone. For example, games like Tetris and Solitaire help with spatial recognition and memory, while logic games like Sudoku and chess improve problem-solving skills.

3. Increase safety

Personal monitoring devices like smartwatches can track your steps, heart rate, sleep patterns and stress levels to keep you on top of your health. Some devices provide emergency support like fall detection, which can immediately contact emergency responders or a trusted contact when needed.

4. Improve convenience

It's now possible to shop for groceries and other items online or through an app and have them delivered to your apartment. This is helpful if you have limited mobility or don't want to risk going out in bad weather.

Learning to use technology can open doors and provide significant benefits for people of all ages, including seniors.



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4 exercises for seniors

If you're over 65, experts typically advise against strenuous physical activities like long-distance running, high-intensity interval training and joint-stressing forms of weight training. The good news is that you can build strength, boost your metabolism and improve your mood by doing exercises with minimal risk of injury. Here are four to add to your routine.

Walking

Walking may be the gold standard for safe, effective exercise. From wilderness hikes to a gentle stroll in a park, it's an exercise nearly anyone can incorporate into their life. If you're more ambitious, you may enjoy working up to a distance race like a half-marathon that welcomes walk-

Water sports

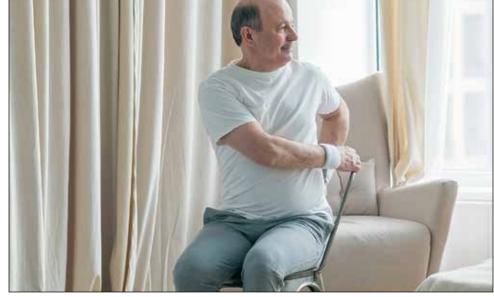
Whether you prefer swimming or a water aerobics class, water-based exercise is ideal for people with joint pain. Water pressure provides resistance for your muscles while preventing potentially harmful quick movements

Bodyweight exercises

Bodyweight workouts are an accessible way to exercise at home without investing in much gear. For most workouts, all you need is suitable clothing and a floor mat. You can broaden the scope of your workout by introducing a chair and an exercise step.

Chair yoga

Believe it or not, you can improve your muscle strength and mobility even in a



seated position. Using a chair to do yoga provides extra stability and minimizes stress on your joints. Chair yoga has also been shown to improve balance and flexibility.

Before you begin a new fitness routine, talk to a doctor or a physiotherapist to determine safe exercises that best serve your wellness goals.

Four tips for staying fit and healthy in a retirement residence

Staying active is a great way to live longer and improve your quality of life. Here are four tips for staying fit and healthy while living in a retirement home.

1. Go for a daily walk

You don't need expensive workout equipment to enjoy an active lifestyle. Brisk walking is an excellent way to strengthen your body. Moreover, some retirement homes offer excursions and sightseeing tours to help residents get out, move their bodies and experience new things.

2. Participate in community classes

Many retirement residences offer

group fitness classes to get your blood pumping. Gentle options like tai chi and yoga can keep you fit without the strain or risk of injury. It's also great to meet new people and stay active in the community.

3. Eat healthy foods

Adopting a nutritious diet is an essential part of staying in shape. Make sure you eat balanced and nutrient-rich meals and drink plenty of water. If your retirement home provides food service, choose a dietary option that meets your personal needs.

4. Take care of your mental health

To stay in the best possible shape,

you must also take care of your mental and emotional health. Socializing with others and spending time with family and friends help keep your mind sharp. Some retirement homes offer engaging activities like arts and crafts, which allow you to challenge your mind and ex-

press your creativity.

When you're ready to make that move, look for a retirement residence that offers a wide range of activities and exercise opportunities to keep you happy and healthy for the years ahead.



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Contact information

Aashini Patel

Aashini.patel@cnib.ca 306-514-0558

Kindersley: Location: 60 Stevenson Cres (Caleb village) Time: 1.30pm - 3.00pm Occurrence: every 2nd Tuesdays.



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OSA is the result of a collapse of the

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What is Obstructive

Sleep Apnea (OSA)?

Common Symptoms Include

- Loud Snoring
- Headaches
- Tiredness
- Mood Swings

Left Untreated Sleep Apnea Health Risks

- Heart disease
- Diabetes
- Weight Gain
- Depression/Anxiety
- Increased blood pressure
- Increased chance of car/safety accidents



Six reasons to consider a pet-friendly retirement home

Research has shown that caring for a pet benefits people of all ages, especially seniors. Here are six reasons to consider moving into a retirement home that allows pets.

- 1. **Promotes physical activity.** Owning a pet can help you stay active. For example, dogs must be walked several times daily, and cats enjoy frequent playtime.
- 2. Encourages social interaction. Having a pet encourages you to leave your apartment and socialize.
- 3. **Prevents loneliness.** Pets provide valuable companionship and can alleviate isolation and loneliness, especially if your family and friends live far away.
- 4. Fosters routine. Taking care of a pet requires a structured routine, providing you with a sense of purpose and satisfaction.
- 5. **Improves mental capacity.** Mental stimulation is vital for keeping your mind sharp. Caring for a pet can help ward off dementia and improve your cognitive function.
- 6. **Lowers stress.** Holding or petting an animal has been proven to lower blood pressure and boost your mood.

If you can't care for a pet on your own, look for a retirement community that allows family members to bring pets to visit or provides sessions with specially trained therapy animals.



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Write a memoir for your family

Are you a natural storyteller? If you love sharing stories of your youth, you may like to write a memoir you can pass on to your children and grandchildren. Here are some tips to get you started.

Start small

Don't think of your project as a book. Rather, tell your stories one memory at a time. Not sure where to start? Try one of these prompts:

- The place where you played as a child
- An event that made you proud
- A special holiday
- A prized possession
- A memorable person from your youth

Use sensory details

Sensory details make your audience feel what it was like to be in your shoes. Try to remember what you



were wearing or how the ground felt under your feet. How did the room smell? Was there a distinct sound? Were you hungry? Chilly? Shaking? Sweating?

Talk about your emotions, then and now

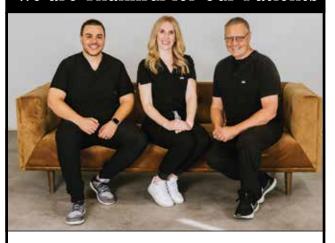
Reflect on your feelings at the time of the event, and then consider whether you feel the same way now. You may be surprised at how you've changed over time. Sharing these insights can enrich your story and help strengthen your connection with your loved ones.

Presentation

Once you've written your story, consider compiling a book or creating a video or audio recording of yourself recounting your stories. When you're ready to share your stories, reach out to professionals in your community to help with editing, printing or recording.



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Four hobbies you can do online

Bored of scrolling through the same old social media posts? If you're looking for a new source of online entertainment, try one — or all — of these hob-

1. Games

The web is a treasure trove of games, from classic video games to online board games and word puzzles. Many online games let you connect socially with other players. Playing online lets you indulge your competitive nature and keep those brain cells humming.

2. Genealogy

Researching your family's history means more than building a family tree. Locating unique documents can help you unearth stories of your ancestors through marriages, medical conditions, military service, occupations and more. What a legacy for you to share with your children and grandchildren.

3. Learning

Learning a new subject or skill can improve your cognition, mood and sense of social connectedness. Whether you learn to speak a new language or play a musical instrument, you'll find the resources you need on the web. Find



how-to videos to learn a hands-on skill or explore free online university courses.

4. Content creation

From blogs to podcasts to videos, whatever your preferred method of communication, the internet has a platform to showcase your talents or share your knowledge. Whether you're a natural performer or passionate about a specific subject, the web gives you options to put yourself out there from the comfort of your home.

Your local electronics retailer can ensure you have the tools you need to get started on your new hobby.

Types of medical equipment available at retirement homes

Retirement homes are intended to individuals to get in and out be enjoyed by people of all abilities. Therefore, they often provide various medical devices to ensure you're as comfortable as possible. Here's an overview of some of the medical equipment you'll generally find.

- Bathroom equipment like grab bars, grip mats, shower chairs and raised toilets
- Bedroom equipment like adjustable beds and safety rails
 - Lift chairs to make it easier for

- Wheelchairs and mobility scooters to help residents get around
- Stairlifts and elevators to assist residents going up and down stairs, giving them access to different levels of the facility

If you have concerns about the type of medical equipment at the retirement home you're considering, speak with them directly about what accommodations they provide.

How to downsize and declutter before moving into a retirement home

A big part of moving into a retirement home is downsizing. This involves getting rid of many of the possessions you've accumulated throughout your life. Here are a couple of tips for moving into a smaller space.

Start early

It can take a long time to sort through your belongings. Therefore, the earlier you begin, the better. It's best to start at least three months before your move. You may want to kick things off by making a list of the items you think you absolutely must have in your new retirement residence.

Tackle small jobs first

To avoid feeling overwhelmed, declutter one room at a time and break things down into manageable tasks. For example, start by sorting through easy spaces like the kitchen pantry, bathroom and front closet. If you can, go to your new residence and plot out where things will go to visualize what you need and don't.

As a general rule, donate, sell or throw away things you haven't used in more than a year.

Hire a moving company

Once you've decided what you're keeping, it's a good idea to hire a moving company to help transport and unpack your belongings in your new place.

Although difficult at first, downsizing and decluttering can make your life easier. After all, the less you have, the less you have to maintain and the more time and energy you'll have for your retirement



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CNIB is launching a new support group at Caleb Village beginning Tuesday afternoon, Feb. 13th for anyone with vision loss.

PHOTO CNIB WEBSITE

CNIB Peer Support Group coming to Kindersley

BY JOAN JANZEN

The Canadian National Institute For The Blind (CNIB) is launching a new support group at Caleb Village in Kindersley beginning on the afternoon of February 13th. Aashini Patel, program coordinator for CNIB Saskatchewan South, is excited about this new initiative in Kindersley.

"Picture cozy gatherings every second Tuesday of the month from 1:30 p.m. to 3:00 p.m.," Patel explained. "It's like a friendly get-together where we share stories, laughs, and support."

The group will be guided by two volunteer leaders who have experienced their own personal journeys through vision loss. Their understanding and compassion will help create a welcoming environment for everyone who is involved.

"We accept volunteers without direct links to vision loss; however, we give preference to those who have personally (or via family) experienced visual loss," Patel said. "Different viewpoints strengthen our team and improve our capacity to provide people with effective support."

Everyone is invited to join the support group, whether from Caleb or beyond. CNIB is all about building a tight-knit community where everyone feels valued and understood.

Caleb's decision to host the group

was a result of a genuine desire to help. CNIB's part is to help spread awareness, generate kindness, and share resources. Those resources include visiting guest speakers, professionals such as naturopathic doctors, lawyers and specialists in areas like sleep apnea. Other guest speakers will discuss nutrition, personal safety, fraud, and working with your pharmacist.

Not only will the group hear from these experts, but they will be able to engage in lively question-and-answer sessions. The guest speakers will share experiences in an effort to lift one another up.

"It's like catching up with old friends," Patel said. The discussion is driven by the interests and inquiries of the participants. "This approach ensures that conversations remain engaging and relevant to the needs of the community."

The program will run year-round, with the exception of a break during the summer months. Patel is confident the Kindersley community will benefit from the peer support group, as it will help build resiliency and a sense of community among people dealing with visual loss.

Support groups are also being held in seven additional communities in southern Saskatchewan. It's an excellent opportunity for those with vision loss to socialize and enjoy the company of others who understand what it is like to live with vision loss.



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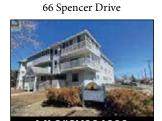
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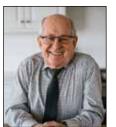
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...Pipeline online continued from page 10

multibillion-dollar enterprise having a presence, a significant presence, in the province of Saskatchewan, and a desire to diversify its mineral interests into lithium.

"This complementary arrangement removes many of the perceived and distinct risks that the market has placed on Grounded in the quest to attain our vision. From our standpoint, as a junior public company with challenged access to capital, the strategic capital from Denison, led by David Cates, Denison's president and CEO, allows the Kindersley Lithium Project to significantly accelerate the project for the benefit of all stakeholders."

Cates said, "Denison is excited to acquire a royalty and enter into an earn-in agreement with GLC that supports the further assessment of the KLP in Saskatchewan. Denison has developed a unique platform for the de-risking of mine development projects in the province with its innovative and highly skilled Saskatoon-based technical, regulatory, and operations teams. Lithium is a complementary mineral to Denison's core uranium business, with both identified as critical minerals needed to support the clean energy transition. Brine extraction also has many similarities to the In-Situ Recovery mining method that the company has successfully validated for use at its flagship Wheeler River uranium project in northern Saskatchewan. Combining our deep local technical capabilities with the Grounded team's experience on KLP has the potential to create an incredible environment to incubate the KLP to emerge as a premier lithium project in a top mining jurisdiction."

Earn-in

The agreement includes three distinct earn-in options which include a cash payment directly to the company along with dedicated expenditures to advance the KLP, as described in the table below. During the earn-in period, KLP expenditures will generally be funded 100 per cent by Denison, and Denison will be entitled to an increased working interest in the KLP as it completes each earn-in option phase.

Upon funding the total amounts of each earn-in option, Denison has the right to either exercise the earn-in option and acquire the working interest associated with that Earn-In Option phase or move on to the ensuing option phase.

Should Denison exercise the earn-in option and elect to acquire a working interest in the KLP, a formal joint venture will be created to govern the parties. The joint venture agreement will contain customary language and terms associated with an arrangement of this nature, including but not limited to, governance provisions, rights of first refusals, dilution provisions for non-participation and technical and management committees.

Grounded also sold a five per

cent gross overriding royalty (GORR) on the KLP to Denison in accordance with the terms of a royalty agreement for a cash payment of \$800,000. Pursuant to the terms of the royalty agreement, the GORR drops to 2% upon the receipt of all approvals which have been subsequently attained and press released by Grounded on January 24th. This GORR is eliminated in its entirety on the date that is fifteen (15) months after the closing of the earn-in agreement unless Denison elects to forfeit its rights to exercise an earn-in option.

Smith thanked Cates and the Denison team which "diligently assessed our opportunity and PEA, and worked hard to quickly get to a definitive agreement."

"As you may be aware, Denison and Grounded share a lot of similarities," Smith said. "First, we are both big believers in the resource potential of the province of Saskatchewan, and we're proud to operate responsibly in that province.

"Second, Denison is set to become a significant uranium producer in Saskatchewan, through a novel extraction technique. Stealing a page out of the oil and gas industry specifically heavy oil, Dennison is deploying in situ extraction techniques, which also shares some similarities to extracting lithium from brine resources. There will certainly be efficiencies, sharing of knowledge and a significant spectrum of benefits stemming from this



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Saskatchewan

...Pipeline online continued from page 20

partnership to make our project one of the lowest cost operations in the lithium from brine industry in our view.

"We remain actively involved in the Kindersley Lithium Project. Denison, through a management contract, pays Grounded to manage the development of the KLP for the first minimum two years. While Denison supports the initial heavy lifting to de risk the project shareholders of Grounded continue to ride the upside with reduced shareholder dilution.

Smith noted that Grounded can continue to develop new lithium plays outside of the Kindersley region. He said, "Another key aspect of the transaction is that Grounded is free to assess, explore for and develop lithium from brine assets outside of the KLP or Kindersley Lithium Project. The area of mutual interest under the agreement addresses the pink outline area ... shown here, which is effectively our Kindersley lithium project. The AMI includes a 10 kilometre buffer from any further most point from a parcel of land within the KLP."

Smith said their PEA was based on a US\$25,000 per tonne price for lithium hydroxide, but their low cost operator advantage provides commodity price resilience down to below US\$8,000 per tonne.

Further details

On Jan. 24, Pipeline Online spoke with Grounded chief financial officer Greg Phaneuf.

"It's a validation," he said. "They're a serious player."

That includes having teams of geologists and engineers. Their new uranium extraction method bears similarities to

what Grounded is working on for lithium brine extraction.

Phaneuf said the investment from Denison for the first two phases, will basically fund a field pilot. Up until this point, Grounded did not have the funding capacity to build out the pilot. "If Denison performs under the earning, they would fully fund the pilot, which is a huge validation from a value perspective that the markets been looking for," Phaneuf said.

The Denison funding may be enough to do not only the pre-feasibility study but the definitive feasibility study, "which then leads itself into offtake project financing, build a commercial facility and generate significant tax dollars in royalties for the province and, frankly, for our shareholders," he said.

The timelines will be dependent on Denison. There's an outside date in the agreement of June, 2028, but Phaneuf expects things will progress quicker than that. "We've been previously saying that we'd be in commercial production by early 2027."

He noted there's an active and willing customer market for the product.

"If we notionally said 2024 is all about the field pilot that involves design, obtain permits, construct, operate and then conduct a full post mortem on the results, that probably is a year, soup to nuts. Then if you said 2025 is a year where we, at least in the first part of it, are looking at feasibility studies, maybe some additional drilling, just to kind of confirm more of the resource that goes into your feasibility studies, I look at that as a 2025 event. If the mar-

kets, both on the commodity itself and the capital markets are rewarding lithium developers, we might be looking at non-binding offtake agreements at the end of 2025 which dovetails nicely into discussions with one or more financial institutions that assist in structuring a complete financing package. That can happen towards the end of 2025 or early 2026 if all business aspects aligned. With those achievements, the KLP could be breaking ground sometime in 2026 with an 18-24 month construction and commissioning period. So, we could as a project be in commercial production at some point in time in 2027, with production being in the form of lithium hydroxide. All these plans though now need to be critically analyzed, discussed and approved as a group together with Denison. This is just a potential commercialization path. Many factors go into such a plan, but in any event, the plan will make sense for the benefit of all stakeholders."

Lithium hydroxide

That last part is significant. Other lithium players in Saskatchewan are looking to produce lithium carbonate. While the pricing is similar, it is a different product. Phaneuf said in Grounded's view, that's where the market is going. Current lithium-ion batteries use lithium carbonate, but the upcoming generation of solid-state batteries will use lithium hydroxide. Solid state batteries alleviate some of the concerns regarding charge capacity, charge and recycle time, and range, Phaneuf said.

The final production would likely go to one or two offtake agreements, as opposed to the spot market.

As currently envisioned, Grounded is planning on 24 producer wells, seven injectors and 70 kilometres of flowlines feeding into a central processing facility just off Highway 21, near Coleville. All in, that's looking like US\$335 million, or C\$450 million. And should that come to pass, Denison would be responsible for coming up with 75 per cent of the expenditure, and Grounded the other 25 per cent. Their modelling expects half equity, half debt financing for that C\$450 million in CAPEX. That would mean Grounded would need to come up with around \$56 million in equity.

Having a partner with "street cred," should hopefully make raising that equity easier.

Pink line

Remember the pink line outlining the project area Denison is taking over? Well, the Duperow formation which is being targeted for lithium-rich brine covers pretty much all of the area from there to the southeast corner of the province. That's a huge area the size of some smaller European companies that could potentially be developed. The KLP makes up about 300 sections of land, but that leaves Grounded with a few dozen sections of land elsewhere to start working up another project. Smith noted Grounded had identified other prospect areas for possible future development, and this transaction allows Grounded to pursue them. So there may be more to come, in parallel with the Kindersley project.

In conclusion, Phaneuf said, "This is a good thing for Grounded. It's a good thing for Denison, and it's a good thing for the province."

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by Linda Thistle

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small 9-box square contains all of the

numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆

◆ Moderate ◆◆ Challenging

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Differences: I. Newspaper is longer. 2. Hat is larger. 3. Lapel is missing. 4. File cabinet is taller. 5. Man is thinner. 6. Jacket sleer

10. Cyndi Lauper.

6.33.; 7. Iceland.; 8. "The Man Who Knew Too Much."; 9. Pollination by the wind.; I. A lodge.; 2. Oregon.; 3. Bugs Bunny.; 4. William Peter Blatty.; 5. XC (90).;

Trivia Test Answerst

King Crossword

18

ACROSS

- 1 TV schedule abbr.
- 4 Rotate
- Exerciser's target
- 12 Slithery fish 13 Layered
- cookie
- 14 Greek vowel 15 Selflessness
- 17 Seize
- 18 Chapeau
- 19 Slogan 21 Garden figu-
- rines 24 Use henna
- 25 Post-op area 26 Apply cream
- 28 College study
- 32 Close by 34 "Gee, ya
- think?' 36 Golfer's cry
- overs
- 39 Clothing pro- DOWN tector
- 41 Sandwich meat
- "- been real"
- 44 By and large 46 Opposite of candor
- 50 Eggy quaff
- 51 Bern's river 52 Halite
- 56 Egyptian deity
- 57 Shrek, for one 8 58 Half of CIV
- 59 Society newbies

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- 37 Campfire left- 61 Prom rental one
 - 1 Afternoon
 - get-together 2 Ann
 - Canto" 3 However
 - 5 Mentalist
 - Geller
 - Take it easy
 - Wanderer
 - Biblical cov-

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Answer

Меекіу SUDOKU

M S I N H I S M

Solution time: 25 mins.

SY9W2NA

King Crossword —

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7

- Shrugged" hero
- 30 Exam format 31
- for one

- 29 30 40 54 55 58
- 60 French per-10 - impasse fume brand

26

- 16 Ewe's mate 20 Workout
 - venue 21 Actress
- Gershon Patchett's "-22 Mark Harmon 45 Cyclades
 - TV series 23 Melancholy
- Praised loudly 27 Fella "Atlas 29

 - "Ratatouille" rat
- er-up? Petty of "Tank 33 Patty Hearst,
 - © 2024 King Features Synd., Inc.

- 35 "Tell -- " (Streisand/
- 11 Innocent Dion song)

20

- 38 Fr. holy woman
- 40 Monopoly job 43 Seafood
- selection island
- 46 Stated 47 Lighten 48 Baby's bed
- 49 Boo-Boo's buddy
- -Magnon 54 Lucy of
- "Elementary" 55 Box office
- buys, slangily

$t\!e\!st$ by Fifi | Rodriguez

- 1. ANIMAL KINGDOM: What is a beaver's home called?
- 2. U.S. STATES: In which state would you find Crater Lake?
- 3. TELEVISION: Which animated cartoon character says, "What's up, Doc?" 4. LITERATURE: Who is the author of "The
- Exorcist" 5. MATH: In Roman numerals, what is XVIII
- times V? 6. ANATOMY: How many vertebrae are in the human spine?
- 7. GEOGRAPHY: Which nation is home to Europe's largest glacier?
- 8. MOVIES: In which film does Doris Day sing "Que Sera, Sera"?
- 9. SCIENCE: What is anemophily?
- 10. MUSIC: Who sang the hit "Girls Just Want to Have Fun"?
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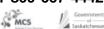
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TOWN OF LUSELAND **PUBLIC NOTICE**

Public notice is hereby given that the Council of the Town of Luseland intends to adopt a bylaw under The Planning and Development Act, 2007 to amend Bylaw No. 02014-09 known as the Zoning Bylaw.

The proposed bylaw amendment will:

- 1. Provide a definition for "Cannabis",
- Provide a definition for "Cannabis Retail Store",
- 2. Delete the definition of "Shipping Container" and replace it with a clearer definition;
- Delete Section 4.22 Trailers, Box Cars, Sea and Rail Containers and replace it with clearer wording;
- Amend Section 4 General Regulations, by adding Section 4.32 "Outdoor Storage immediately after Section 4.31.2 Amend Section 4 - General Regulations, by adding Section 4.33
- "Sight Triangles" 5. Amend Section 5 by adding 5.10 "Garden-Granny Suites" immediately after section 5.9
- Amend Section 5 by adding 5.11 "Shipping Containers" immediately after section 5.10
- Amend Section 5 by adding 5.12 "Retail Cannabis" immediately after section 5.11
- 6. Amend Section 7 "Residential District R1" by adding 7.9 "Development Standards for Mobile Homes" immediately after Subsection 7.8e.

REASONS:

- To replace existing definitions with a clearer definition
- To add definitions that are clear and concise
- To amend Sections to be clearer and more concise of Councils direction

PUBLIC INSPECTION:

Any person may inspect the bylaw at the Municipal Office, located at 503 Grand Avenue in the Town of Luseland, between the hours of 9:00 a.m. -12:00 p.m. and 12:30 p.m. - 4:30 p.m., excluding statutory holidays. Copies of the proposed bylaws are available at the Municipal Office.

PUBLIC HEARING:

Council will hold a public hearing on Tuesday, February 13, 2024 at 7:00 p.m. at the Town of Luseland Municipal Council Chambers, 503 Grand Ave. in the Town of Luseland to hear any persons or group that wants to comment on the proposed bylaw. Council will also consider written comments received at the hearing or delivered to the undersigned at the Municipal Office before the

Issued at the Town of Luseland this 22nd day of January, 2024. Karyl Richardson, Administrator









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Saskatchewan Colleges responds to IRCC international student policy changes

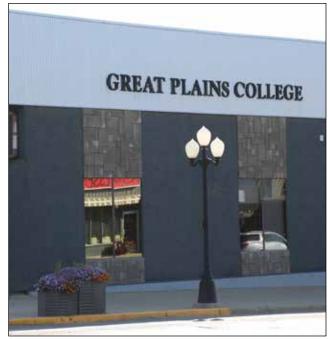
SWIFT CURRENT - Last week Immigration, Refugees, and Citizenship Canada (IRCC) announced significant changes to international student program policy. These changes will see a national reduction to overall numbers of international students in the country and changes to the length of post-graduate work permit periods that students receive upon graduation.

Saskatchewan Colleges, an international recruitment and admissions partnership between Great Plains, North West and Suncrest College, was pleased to see that the IRCC policy changes were not blanketed nationally, and Saskatchewan is one of few provinces positioned to see a provincial allocation of international students that allows for reasonable increases from 2022 levels. The provincial government will be responsible for distributing Saskatchewan's allocation amongst post-secondary institutes within the prov-

"We are working closely with our post-secondary partners and the provincial government to ensure that rural voices are heard and that we are provided the opportunity to continue to serve our communities and local economies through international education," said Kristy Sletten, Manager of International Admissions at Saskatchewan Colleges. "Saskatchewan Colleges has always ensured the programs available to international students are aligned with local labour market needs that cannot be filled by Saskatchewan residents alone. We're helping train skilled workers for careers in high-demand industries including business, healthcare, human services, hospitality and early childhood education to ensure these services are maintained in our communities."

Currently, rural Saskatchewan has more jobs than it does residents of working age. In 2023-24, Saskatchewan Colleges welcomed over 300 international students to rural Saskatchewan to help address this shortfall. The vast majority of these students are in blended cohort programs which means there are both domestic and international students in the same classrooms.

"Often, within the public discourse, the conversation can lead to worrisome conclusions that international students are impairing access for Canadians to pursue post-secondary programming. The truth within Saskatchewan Colleges is the exact opposite – international students are helping preserve program access for domestic students and First Nations in Saskatchewan," said Eli Ahlquist, President and CEO at North West College. "Interest within our college service regions from domestic students is often insufficient to



run a program with a reasonable cost per student. By supplementing domestic enrolments with international students, we are preserving, and often increasing, post-secondary access in a cost-efficient manner for tax payers and all students."

Additionally, Saskatchewan Colleges member institutions are not impaired by the same challenges to find suitable housing that is occurring in many of the urban jurisdictions across the country.

"Throughout the service regions within Saskatchewan Colleges, the vacancy rates for rental units have typically averaged above the 3 per cent national average and well above out of province jurisdictions sitting around 1 per cent vacancy," said Brad Mahon, President and CEO at Great Plains College. "The benefit of affordable housing combined with individualized on-campus supports and modest class sizes ensure students are provided with an exceptional learning

"We're able to provide international students a supportive and quality educational experience and a great environment to live and work in rural Saskatchewan," added Alison Dubreuil, CEO and President at Suncrest College. "We're optimistic that by demonstrating the positive impact that international education is having on rural Saskatchewan, the allocation of international students provided by the provincial government will continue to meet the needs of our local labour markets and the communities we serve."



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WHERE THERE'S SNOW, THERE'S SNOWSHOEING! Farmers aren't the only ones who are grateful for the January snowfall. A group of people in Kindersley were excited to strap on snowshoes and head out to the golf course Sunday afternoon. Thanks to Pathway to Wellness, this fun activity can be enjoyed absolutely free of charge and includes the use of equipment. All you have to do is text Bev Callsen to reserve your snowshoes and wear winter boots or hiking boots. There are two sets of shoes for up to 50 lbs, three for 120 lbs, eight for up to 155 lbs, six for up to 200 lbs, and one for up to 250 lbs. Snowshoers of all ages came out to enjoy the mild weather as they trekked out onto the golf course together. And some of the younger snowshoers took time out to build a snowman. PHOTOS BY BEV CALLSEN



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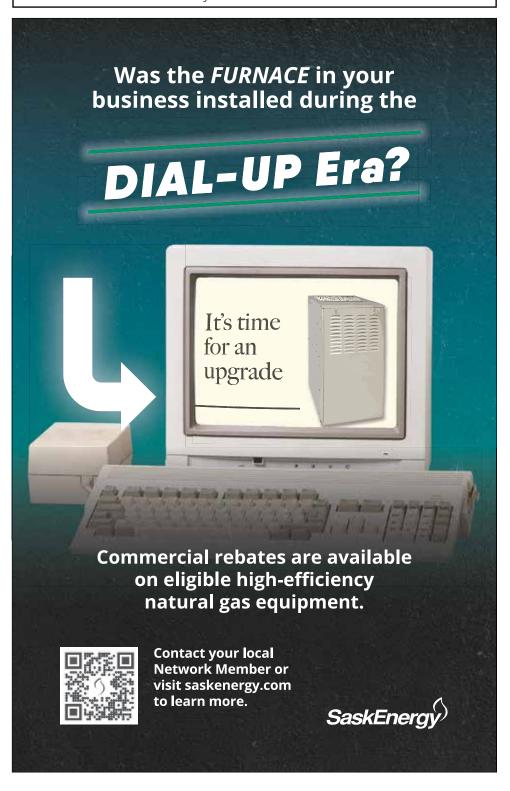


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OBITUARIES

Marian Rebecca (Becki) Mathewson

1961 - 2024

It is with heavy hearts that the family of Marian Rebecca (Becki) Mathewson announces her sudden, unexpected passing into the arms of God, where she is reunited with her love, Bill. She passed in Lethbridge, AB, on January 23rd, 2024.



Becki met Bill in the early 1990s, and they fell in love with each other almost immediately. They decided to join their families together as one and spent the rest of their lives united until Becki lost Bill in 2022. Becki had one son from a previous marriage, and together, they had two more. Becki also welcomed Bill's seven children as her own, as well as two foster children. Becki was also known as Mom or became a sister to many other people that came into her life. She loved all of them as family

Becki was born in Hamilton, Ontario, in 1961 to Bernard (Bernie) and Ruth (nee Smith) Toman. She was an only child and lost her father in her early teens and her mother while in her mid-20s She moved west in the 1980's and landed in Alberta first. She later moved to B.C where she met Bill while living in Kamloops. They decided to move the family to Alberta in 1997 and landed in Granum for the first time. During this time, she was extensively involved in the community, including running for town council at one point. She was part of Granum Recreation, Granum Minor Ball, Millennium Committee, Heritage Committee, Christmas Lights, and was active with the school as

and stayed in contact with so many

friends and extended family over the

The family moved again in 2007 to Kindersley, SK, where they bought a farm. She spent six years there welcoming all to BBQs, holidays, birthdays, and just to stop by to chat. In 2013, the farmhouse was lost to fire

along with everything in it, and they had to start over again. She and Bill moved into Kindersley and moved ahead until, yet again, they lost their home to a fire. At this point, they decided to retire to their home in Granum, AB, where they were happy. Becki re-

united and reacquainted with friends that had not been seen in some time.

In November of 2022, Becki lost her love, Bill, after a lengthy period of illness. With a broken heart, she carried on despite her grief but was never the same.

Becki is predeceased by her husband of 30 years, Bill, her parents Bernie and Ruth, and her son Gabriel.

Becki leaves behind her children - Christine (David), Bill Jr. (Melissa), Corry-Ann, Michelle (Jeremy), Leanne (Jay), Daniel (Lisa), Kaleb, Mackenzie, Mickeala (Dan), Jennifer, and Jason.

She also leaves 17 grandchildren – Alexis, Alixandra, Joshua, Samantha, Serena, Madyson, William David, Ashtin, Evangeline, Victor, Kira, Gavin, Owen, Dexter, Bridget, Kyra-Lynn and Aedan. She also leaves four great-grandchildren – Faith, Evanna-Lynn, Adryan, and Cora.

Becki's compassion, humour, and sharp wit were all part of who she was and will be missed. Although she was not expecting to leave us at this time, she walked into God's arms to be with her husband again.

A Celebration of Life was held Friday, February 2nd, 2024, at Zentner Funeral Homes – 4079 1st Street W, Claresholm, AB. Viewing was from 12:00-1:00 PM. Service was at 1:00 PM. A Graveside Service was held at Granum Cemetery following the service

In lieu of flowers, please make donations to the Fibromyalgia Association Canada, Arthritis Society Canada, or Your Local Food Bank.







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OBITUARIES

June Elizabeth Cheyne

June 16, 1940 - January 29, 2024

June passed away peacefully, surrounded by all five of her children, on Monday, January 29, 2024 in Cochrane, Alberta at the age of 83 years.

June was born in Rosetown Hospital on Sunday, June 16, 1940. She was the second youngest of Annie and Harold



Houston's family of one boy and five girls. She grew up on a farm south of Herschel and attended Kensington and Herschel High Schools. In 1959 she married Donald Harris Cheyne and they made their home in Herschel. Her oldest daughter, Gwen and twin sons - Andy and Alan, were born while they lived there. Over the years the family lived in Herschel, Downe Siding, Druid, Dodsland and finally Rosetown, following Donald's career with Saskatchewan Wheat Pool. Their youngest son, Doug, was born during their years in Druid and voungest daughter, Bonnie, was born in Dodsland.

June was an active member of United Church Women (UCW) for over 50 years, Ministry & Personnel Committee for 40 years, taught Explorers & Canadian Girls in Training (CGIT), sang in the United Church Choirs in Dodsland and Rosetown, and belonged to the Dodsland & District Museum & Historical Societies.

June worked as a telephone operator until marrying and having children. She worked in housekeeping at the Dodsland Union Hospital and for the United Church for a time after children were in school.

June was gifted in sewing, quilting, crafting and baking. She enjoyed singing in the choir and in choral groups, going to community dances, gardening and horticulture. She was competitive in track and field as a teenager, was active in swimming, curling bonspiels and bowling.

June was widowed in 2014. She and Donald have

5 children: Gwen (Mark) Turnbull, Andy (Peggy), Alan (Anastasia), Doug (Deneise), Bonnie (Keith) Murphy; 13 grandchildren: Bobbie, Jason, Brett, Cory, Justine, Brittany, Dylan, Steven, Scott, Courteney, Landon, Lauren, Mikaela and 9 great-grandchildren. She is also survived by her sister Jean and brother-in-law Bob Hannay, sister in-law Adele and brother-in-law Melvin. June was predeceased by her parents, Annie and Harold Houston; her brother Bob; sisters, Amy, Shirley and Verna.

June's biggest priority was her family and kids and she always put them first. She was a kind, loving mother, grandmother and sister. June was very proud of each of her children and grandchildren and often commented that they were the greatest inspiration in her life. June cherished her relationships with her siblings, their spouses and her friends. She was known as a gentle soul. Everyone who knew her appreciated her caring nature and

A Memorial Service is being held for June at Rosetown United Church (118 - 2nd Avenue East, Rosetown, SK) on Saturday, February 10, 2024 at 1:00 p.m. with Reverend Jan Coffey-Olsen officiat-

Memorial donations may be made in memory of June to the Saskatchewan Cancer Agency (1804 McOrmond Dr, Saskatoon, SK S7S 0A6) or the Alzheimer's Society of Saskatchewan (301 - 2550 - 12th Ave, Regina, SK S4P 3X1). Condolences may be left for the family at www.cochranecountryfuneral.com

Afterglow

I'd like the memory of me to be a happy one. I'd like to leave an afterglow of smiles when life is done. I'd like to leave an echo whispering softly down the ways, Of happy times and laughing times and bright and sunny days. I'd like the tears of those who grieve, to dry before the sun; Of happy memories that I leave when life is done.



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WEDNESDAY, FEBRUARY 21

• Brock Cemetery AGM 7:00 PM at the Brock Vesper Club Hall. Annual general meeting will include 2023 financials. Everyone is welcome to attend.

BURSTALL SATURDAY, FEBRUARY 24

· Town of Burstall Community Supper & Charity Auction. Proceeds going towards ongoing maintenance and operating costs of the Burstall & District Community Complex, Swimming Pool, Arena, Curling Rink and Golf Course. Auctioneer: Donnie Peacock.

HOOSIER

- Sunday Service Hoosier Community Church 10:30 am at the Community Hall. Contact Joel Hamm 306-460-7056 or Curtis Kornelson 306-460-7327.

KERROBERT

TUESDAY, FEBRUARY 6

- Walk This Way 9:30-11:00 AM at Prairieland Community Centre. Contact Marli 306-834-2344.
- · League Curling 7:30 PM at the Kerrobert Curling Rink. Contact Brennan 306-834-7044.

THURSDAY, FEBRUARY 8

Walk This Way 9:30-11:00 AM at Prairieland Community Centre. Contact Marli 306-834-2344.

FRIDAY, FEBRUARY 9

 U18 AA WPT vs NW Sharks 8:30 PM at the Kerrobert Memorial Are-

SATURDAY, FEBRUARY 10

the Kerrobert Memorial Arena. **TUESDAY. FEBRUARY 13**

- Walk This Way 9:30-11:00 AM at Prairieland Community Centre. Contact Marli 306-834-2344.
- · League Curling 7:30 PM at the Kerrobert Curling Rink. Contact Brennan 306-834-7044.
- U13 vs Wilkie 6:00 PM at the Kerrobert Memorial Arena.
- Storytime at the Kerrobert Library the first and third Thursday of every month at 10:30 AM.

KINDERSLEY SATURDAY, FEBRUARY 24

- · Kindersley Screen Arts presents "What Happens Later" 4:00 PM at the Sunset Theatre. \$10 at the door. FRIDAY, MARCH 22
- Kindersley Arts Council presents Andrea Superstein at the Norman Ritchie Community Centre 7:30 PM. **SATURDAY, MARCH 23**
- · Kindersley Screen Arts presents "Priscilla" 4:00 PM at the Sunset Theatre. \$10 at the door.
- FREE! Drop-In Soccer (Ages 15-99) Westberry School Gym every Thursday at 8:00 PM; Elizabeth School Gym every Friday at 7:00 PM. All welcome. Contact Kevin for more info: 306-430-4103 or email: kindersleysoccerboard@gmail.com
- Youth Curling hosted by the Kindersley Curling Club (Grades 4-12 welcome). Wednesdays at 5:30 PM on a weekly basis until March. No fee! More info contact Lexie at 306-831-5330.
- Parkinson's Support Group Meetings are held the second Wednesday of the month 2:00 PM at the Kindersley Hospital. Everyone is welcome! For more info call Nancy at 306-463-4514.
- Monday Night Jam Sessions at the Norman Ritchie Community Centre. • U13 AA vs North East 2:30 PM at Doors open at 6:30 to set-up, then

the fun begins at 7-11 PM. Call Keith 306-460-8633.

- Interested in a support group for weight management? TOPS meetings; every Monday at 6:00 PM in the Kindersley Senior Centre OR contact Jill at 306-463-4210.
- PickleBall every Sunday & Wednesday 7:00-9:00 PM at Elizabeth School \$50 per season or \$5 drop in. More info call 306-460-8356.
- Prairie Crocus Quilt Guild meet the second Tuesday of the month (September to May) at the Pensioners Hall (3rd Ave. E., Kindersley) at 7:00 PM. For more info contact Donna at 306-463-4785.

LUSELAND WEDNESDAY, FEBRUARY 14

 Luseland Arts Council presents Rory Gardiner 7:30 PM at the Luseland Homecoming Hall.

FRIDAY, APRIL 12

· Luseland Arts Council presents Jake Vaadeland & the Sturgeon River Boys 7:30 PM at the Luseland Homecoming Hall.

Recurring events at The Luseland Pioneers Club:

- Third Friday of every month; Birthday Lunch noon
- Last Monday of every month; Pien-Ice Cream
- Every Monday afternoon; Coffee open to the public. 2:00-4:00 PM
- Members only: coffee, pool, cards; Mon - Sat 8:30-12:00
- Members only: Tuesday evening games night 7:00-9 or 10:00 PM
- Members only: Wednesday afternoon cards 1:00-4:00 PM
- Members only: Thursday afternoon Ladies cards 1:00-4:00 PM

MAJOR

SATURDAY, APRIL 6

Major Rec Board Steak Shoot.

Speedy Glass.

Your Safety is our GOAL. A properly installed windshield is our PROMISE. 306-463-4628 • KINDERSLEY, SK

AUTOMOTIVE

That's what we do and we do it with your safety in mind, always. **WE PROMISE**

